SKIN TECH Protocol book of most popular treatments

ONE LIFE | ONE SKIN

Skin Tech is a brand of Skin Tech Pharma Group S.L.

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Skin Tech® recommendations



CE CERTIFIED MEDICAL DEVICES

The majority of Skin Tech peelings are available as medical device CE certified class II. Please, consult through **info@skintech. info** for more information.

CE certificate can be downloaded on **www.skintech.info**.

CE

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ROTECTIVE

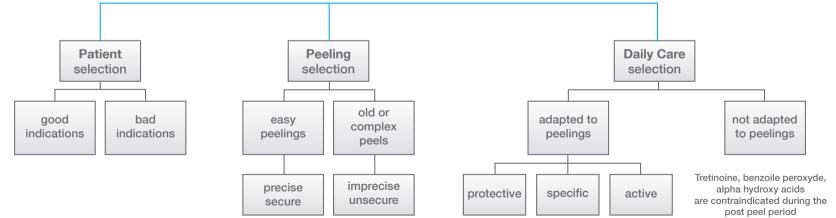
SPECIFIC DAILY CARE

Result proceeds from Selection

ACTIVE DAILY

CARE

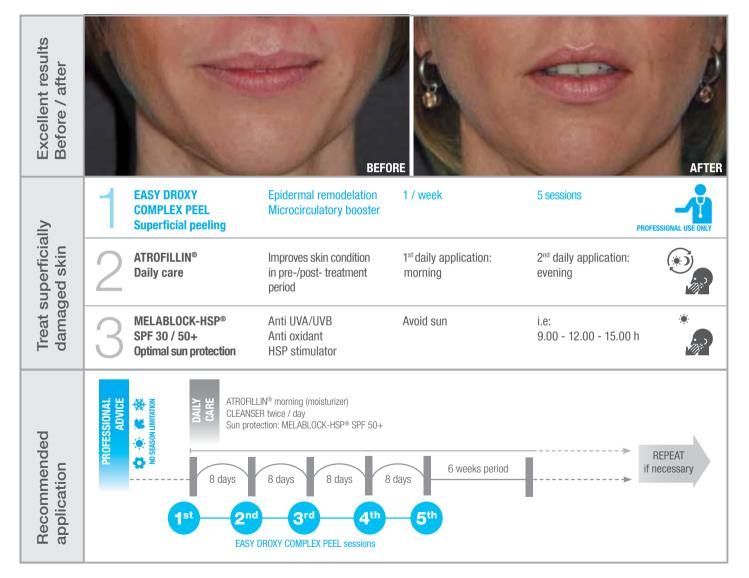
PEELING



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Anti Aging

Superficially Damaged Skin



EASY DROXY PEEL & NEUTRALIZER VERSICOLOR

Neutralizer Versicolor is a new neutralizing emulsion that provides a a perfect visual control in real time of the efficacy and uniformity of chemical peeling neutralization. by a modification of colour that limits the risks of wrong - non uniform -neutralization, and the consequences of potential burning after chemical peels. It is mostly recommended for immediate application after A/BHA solutions and gel peelings. Neutralizer Versicolor is a pioneer of new cosmetics which dramatically increases the safety of chemical peels.

Preparing the patient's skin

Remove make-up and cleanse the skin.

Applying Easy Droxy peel

1st coat: apply the peeling gel on the chosen area. The patient may feel a soft tingling sensation and show light erythema. Leave the peeling gel on the skin for 2-3 minutes. **2nd coat:** repeat.

Applying 1st coat of Neutralizer Versicolor

Apply Neutralizer Versicolor over the peeling gel in a regular way as quickly as possible. Small bubles can be observed on the skin, and color of the emulsion is changing. Applying 2nd coat of Neutralizer

Applying 2nd coat of Neutralizer Versicolor

Repeat immediately. When the emulsion turns green, the skin's pH is about 7. When it turns blue, the skin's pH is higher than 7. In both cases, the peeling is completely neutralized. Application can be repeated as many times as necessary until obtaining blue color. Applying sun protection

After removing any remaining residue of Neutralizer Versicolor emulsion from the skin, apply sun protection: Skin Tech® Melablock-HSP SPF 30 or 50+.

EASY TCA® PAIN CONTROL

Easy TCA[®] Pain Control is an unique hybrid trichloroacetic (TCA)/phenol based peeling, medical device class II, acting on the basal layer or the grenz zone of dermis.

Easy TCA® Pain Control formula is patented.

Easy TCA[®] Pain Control is able to treat, in the same time, different indications, as for example aging and acne, or aging and melasma. Easy TCA[®] Pain Control needs no prepeel conditioning.

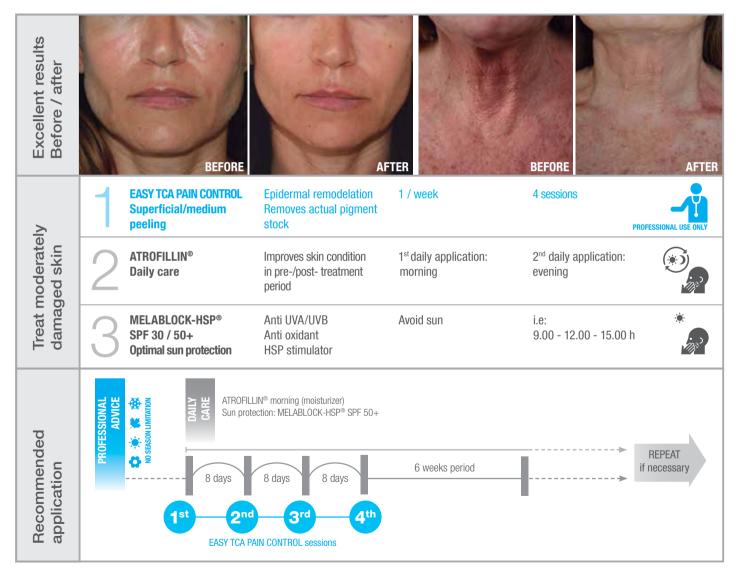
Easy TCA[®] Pain Control is recommended for phototypes 1/4 Fitzpatrick. Appy in the same way as Easy TCA[®] Classic, by using circular movements. Erythema disappears gradually in period of 20-40 minutes. General recommendation is to apply once a week (4 sessions), but it can also be applied only once.

Clinical experience shows that Easy TCA[®] Pain Control reduces the pain by average 90% when the efficacy is increased by average 25% compare to existing 15 % TCA based peelings.

The safety of Easy TCA[®] Pain Control has been deeply studied and was an important part of the risk analysis done in respect of european directive 93/42 CE.

Easy TCA[®] Pain Control is a new world for medical peeling procedure without pain, but with maximum comfort, safety and efficacyfor the patients.

Moderately Damaged Skin



Smoker's Skin



EASY TCA®: peeling application

Easy TCA® is usually applied with circular movements, using the cotton buds (called "the applicators") included in the kit.

1. Application of the first layer

Divide the face in 7 different areas. Soak the applicators into the peeling solution, spin them dry on the edge of the container in order to eliminate an eventual excess of solution and apply on the first area using regular circular movements; repeat this process for each area. Let this first layer dry completely and check the result:

- Erythema signs peeling depth 2/7 (intraepidermal).
- Frosting points sign peeling depth 3/7 (basal layer).
- Frosting clouds sign peeling depth 4/7 (Grenz zone).

If the desired frosting was obtained with the first layer, apply immediately the right amount of "Skin Tech® Post Peel Mask" on the treated skin (see dosing card in kit).

If the desired frosting has not been obtained with the first layer, reapply the Easy TCA® solution on the face, as described below.

2. Application of possible following layers

Divide the face in 3 different areas and apply the peeling solution using circular movements. Let this second layer dry and check the result. Repeat if necessary the application (divide the face in three different areas) leaving each layer dry, until obtaining the needed frosting.

The "clinical sign" corresponds to the achieved depth (rash or spots or clouds), then we consider that it is the "end of the peeling". At this time, apply the right amount of "Skin Tech® Post Peel Mask" (see dosing card).



Pixel Peel

MICRONEEDLING

Roll:Special needlesfor betterpenetration.Large choice of needles fordifferent depths.

Stamp: For focal use.



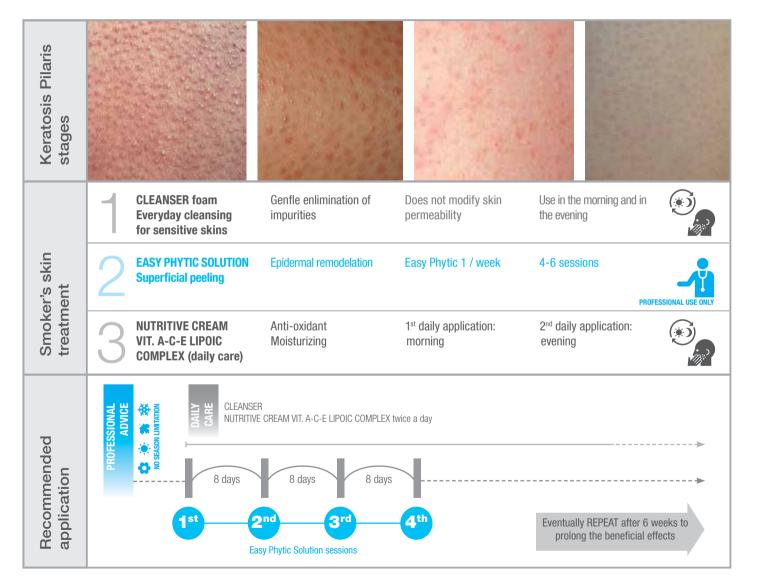




1

2

Anti Aging Body & Keratosis Pilaris



KERATOSIS PILARIS

Keratosis pilaris is a genetic disorder of keratinization of hair follicles of the skin. It is an extremely common benign condition that manifests as small, rough folliculocentric keratotic papules, often described as chicken bumps, chicken skin, or goose bumps, in characteristic areas of the body, particularly the outer-upper arms and thighs. Keratosis pilaris is often described in association with other dry skin conditions.

Keratosis pilaris affects nearly 50-80% of all adolescents and approximately 40% of adults.

EASY PHYTIC SOLUTION

Easy Phytic Solution is a self neutralizing and slow release AHA complex (glycolic, lactic, mandelic & phytic acid, total 60%) that evens out the complexion and has a marked tightening effect. Superficial peel designed for the patients who don't want or can't afford to have visible flaking. No downtime.

While the peel is being applied, the patient will feel a tingling sensation which may come and go for up to an hour after the peel. Over the next few days after the peel, the patient's skin will flake ever so slightly, if not at all.

Skin Tech recommends to inform your patient about: In the evening after the treatment, they must not wash skin and keep the product on until the following morning.

HANDS REJUVENATION

Only Touch followed by **Easy TCA®** is efficient and safe treatment for age and sun spots and benign, localized keratoses on hands (< 1 cm diameter).

Two weeks before treatment, the patient should start applying Skin ${\rm Tech}^{\otimes}$ **Blending Bleaching Cream** on the area to be treated.

- The post-peel cream applied must be kept on until the next day. The patient must not wash the treated area on the evening of the peel.
- The next day, the patient must cleanse his/her face with special Skin Tech® Cleanser.

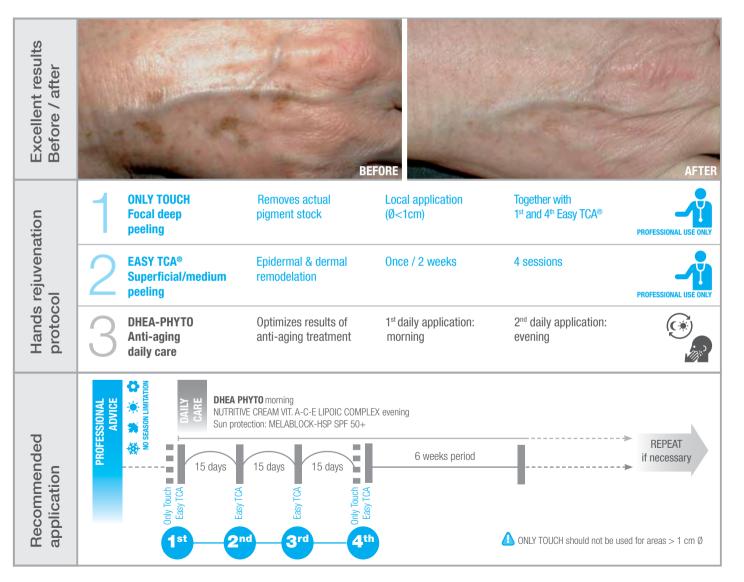
 To optimize peeling results Skin Tech has prepared complementary daily care products: Skin Tech[®] DHEA-Phyto cream optimizes the result of anti-aging treatment, apply it twice a day.

Skin Tech **Nutritive Cream** can be used for a complementary anti-aging treatment, great for smokers.

Skin Tech **Blending Bleaching Cream** helps even out the complexion on your skin.

A few days after the peel, scabs will form on the area treated by Only Touch. This is perfectly normal and the patient should not worry. The scabs will heal within +/- 10 days. The patient must not pick at them or scratch them and he/she should keep the treated area well hydrated.
After peeling, the patient must protect his/her skin from the UVA/UVB with Melablock-HSP[®] SPF 30 or Melablock-HSP[®] SPF 50+.

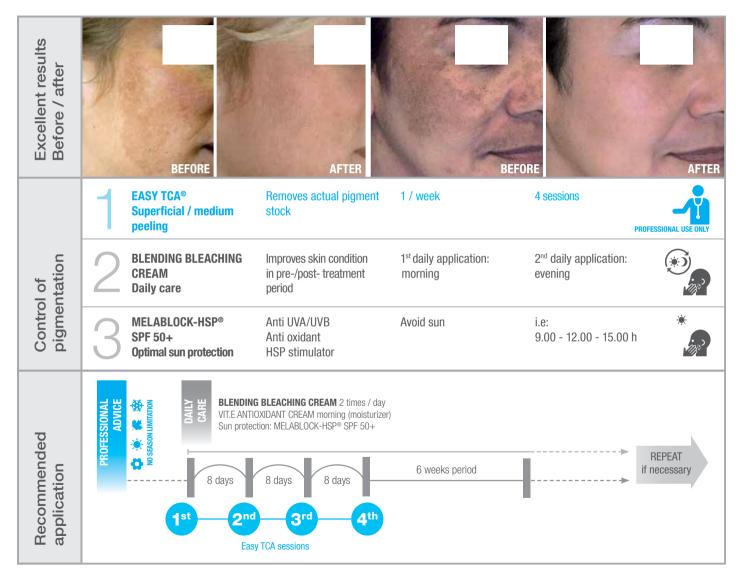
Anti Aging - Hands



3

4 Control Pigment

Pigment Control



EASY TCA®

Easy TCA[®] is a highly effective superficial/medium peel that is well tolerated by the skin. It is applied in 4 weekly sessions.

There is no downtime and patients can carry on with his/her activities as normal.

To optimize peeling results Skin Tech® has prepared complementary daily care products: apply Skin Tech® Blending Bleaching Cream twice a day. For phototype 4/6 Fitzpatrick, Blending Bleaching Cream has to be applied twice a day 2 weeks before first peeling.

After peeling, the patient must protect his/her skin from the UVA/ UVB with Melablock-HSP® SPF 30 or Melablock-HSP® SPF 50+.

More information about treatment of hyperpigmentation and melasma: visit skintech.info/ melasmachart

Download it easyly by only filling your name.

CLEANSER

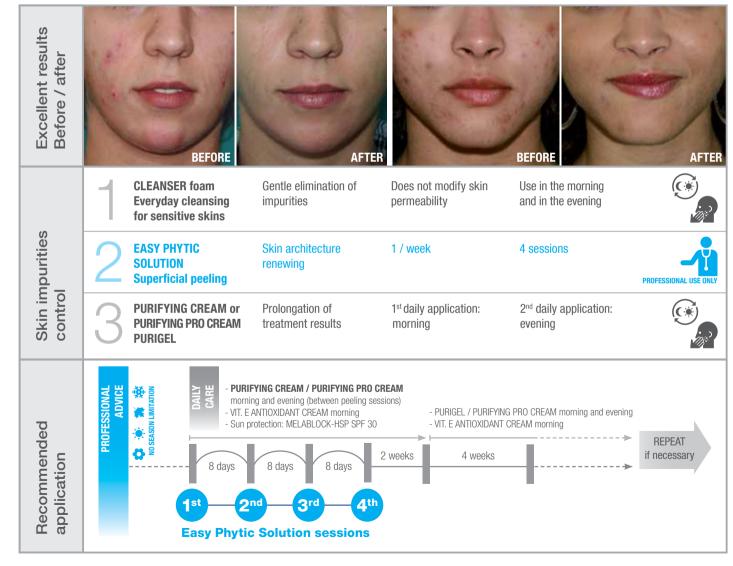
Skin Tech recommend to teach the patient to clean regularly and correctly the skin by using Cleanser physiologic pH.

Apply with smooth and delicate massages once or several times a day. Remove it with water. Dry the skin. Apply specific daily and Melablock-HSP[®] SPF 30 or Melablock-HSP[®] SPF 50+.

Cleanser helps improving the aspect of skin with acneic tendencies.



Young Skin with Oily Tendency



Skin Impurities

5

Acne Tendency - Any Age



ACNE TENDENCIES

Acne vulgaris (or simply acne) is a common human skin disease, characterized by areas of seborrhea (scalv red skin). comedones (blackheads and whiteheads), papules (pinheads), nodules (large papules), pimples, and possibly scarring. Aside from scarring, its main effects are psychological, such as reduced self-esteem. Acne occurs most commonly during adolescence. In 2010 it was estimated to be the 8th most common disease globally affecting 650 million people. (Source: wikipedia.org)

- The post-peel cream applied must be kept on during 8 hours at least. The patient must not wash the treated area in the
- evening of the peel. • The next day, the patient must cleanse his/her face with special Skin Tech® Cleanser.
- To optimize peeling results Skin Tech has prepared complementary daily care products: Skin Tech® Purifying Cream / Purifying Pro Cream must be applied twice a day during the 6 weeks of treatment. Skin Tech® Purigel / Purifying Pro Cream is necessary to prolong the reached effect; it can be applied as long as necessary to keep skin in good condition.
- Please remember to the patient that the more he/she moisturizes his/her skin after peeling, the more readily it flakes; patient's skin will feel better and the results will be better too. Recommend to the patient not to scratch nor remove the exfoliated skin.
- Protection against UVA/UVB with Melablock-HSP® SPF 30 or Melablock-HSP® SPF 50+ is necessary.

GENERAL INFORMATION

Find the main information about how to use Skin Tech peelings on "General Instructions Peelings" booklet, which you will find inside CE certified peelings boxes.

Please be sure that you respect the application protocol when you make the treatments.

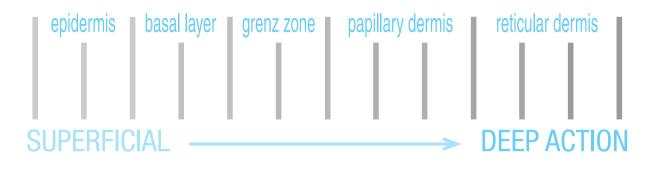


*MD= Medical Device class II, chemical peeling

**TCA= Trichloracetic Acid

***Aktivator TCA= Solution of trichloracetic acid

General advice



RECOMMENDATIONS FOR THE APPLICATION OF THE MEDICAL DEVICE / PEELING

MD* are usually applied in a number of successive layers, depending on which depth is sought, the doctor's decision and the skin's reaction. Each additional layer deepens the effect of any peeling.

MD containing TCA** are applied in successive sessions; the time between two sessions should be ascertained by the doctor. It is usually 4-8 days for MD containing TCA up to 15%, but the frequency is left entirely to the doctor's decision and depending on the location of the peeling.

MD which contain acids that are more concentrated, have a stronger protein coagulation effect, or are combined with skin abrasion cannot be repeated this frequently; the interval of time between sessions should be longer depending on how the skin reacts and what the doctor decides (4-6 weeks). Too short a time between two sessions can make the effects of some MD go much deeper and potentially cause irreversible complications.

It might be necessary to neutralize the acid in case of excess application: it is therefore recommended to have the necessary emergency neutralization equipment at hand, although it is practically impossible to neutralize the TCA after penetration into the skin.

When a MD is applied in the summer months or in countries with a lot of sun, the patient is required to avoid the sun completely and to use special sun protection.

Skin Tech recommend Melablock-HSP SPF 50+ or 30 (according to medical decision)

is essential, as well as the daily application of depigmenting creams associated to moisturizing, vitamin-based cosmetics and stimulating skin regeneration.

Do not apply any pharmaceutical or cosmetic products on the skin that have not been approved. After peelings, do not apply or undertake any skin care treatment that might be irritating to the skin.

Products specifically formulated to treat burns might not be suitable in the period following a peeling, as chemical exfoliation and heat burns have different effects. The post peeling period is an essential part of the treatment. The post peeling phase should be managed by the doctor, in accordance with his experience.

- **Preparing the skin:** preparation might include preventive treatment for herpes or post-inflammatory hyperpigmentation. Some peelings require the skin to be degreased and disinfected before application.
- Disinfection and degreasing of skin: it is necessary for the skin to be disinfected and degreased when the peel reaches the papillary dermis. The cleaner foam "Skin Tech[®] Cleanser" gently removes grease from the skin without damaging before peelings more superficial than to the papillary dermis.
- **Social exclusion:** the patient should be informed of the social exclusion necessary after the peeling. Social exclusion does not depend on the type of solution applied to the skin but on the way in which the peel solution is used.

Skin Tech®'s pre/post peel daily care

INDICATIONS

ACTIVE INGREDIENTS

INDICATIONS

ACTIVE INGREDIENTS

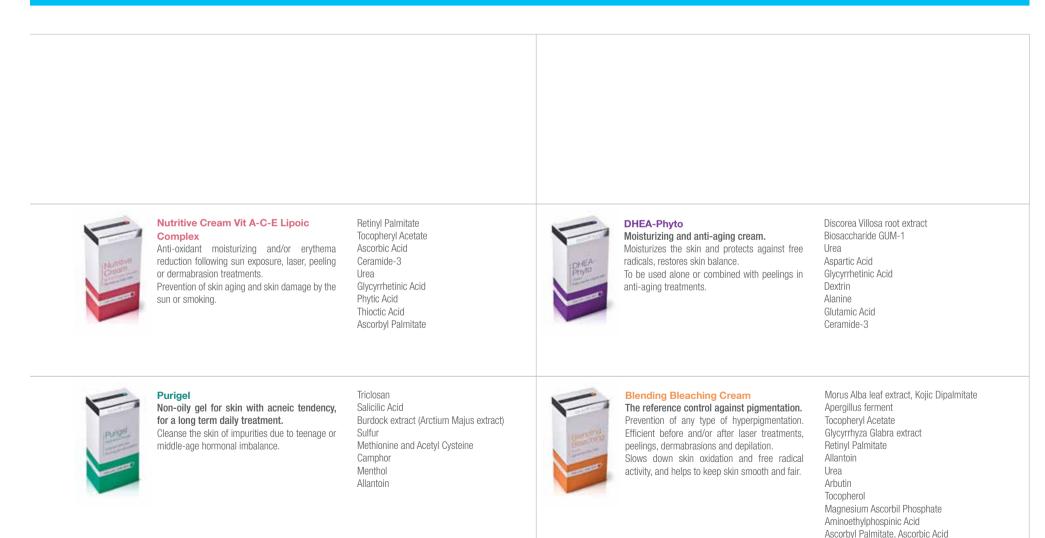


INDICATIONS

ACTIVE INGREDIENTS

INDICATIONS

ACTIVE INGREDIENTS



Sun Protection

6

Very high or high sun protection for use after peelings & lasers or simply everyday

Protection against ervthema Apply a allowing progressive sun tanning and preventing PIH SPF 50+ protects against 98% UVA and UVB. 12h SKIN 🗰 TECH Sunscreen: reflects UVA and UVB back to the sky: they do not reach keratinocytes Micronized Titanium Dioxide: unique light-scaltering and UV reflecting Melablock-HSP properties. Extremely stable compound. Non irritative, non toxic, non mutagenic. Filters: absorb UVA and UVB before they reach keratinocytes Blend of stable chemical sun filters absorbing photons that could pass through sunscreen. Skin proteins protection (HSP) Activation of the natural synthesis of Heat Shock Proteins which defends the skin against protein destruction and thermal cell lysis which occur after a increase in temperature of just a few degrees. Fighting free radicals Tocophervl acetate, a stable vitamin E derivative and an excellent free radicals scavenger. Vitamin E accelerates burns healing, limits the duration of post UV erytheme and protects SOD (Superoxide Dismutase), that neutralizes superoxide radicals.

MELABLOCK-HSP®, SPE 50+ Very high UVA / UVB sun protection

MELABLOCK-HSP[®]. SPF 30 High UVA / UVB sun protection

- · Anti oxidant
- UVA & UVB protection
- Heat Shock Proteins induction
- Fight free radicals
- Not sticky texture
- Readily absorbed

Both products have successfully passed the "Study for the evaluation of the Sun Protection Factor (SPF)" according to the international method COLIPA. Specifically, Melablock-HSP® SPF 50+ widely exceeds the SPF 60 standard recommendation.

Melablock-HSP® protects skin against erythema and thermal induced damages (HSP). Daily protection specially designed for use after peelings, laser or other treatments. Recovery of skin damage caused by UV radiation.

Non toxic Non allergizing Photochemically stable PABA FREE PARABEN FREE **OXYBENZONE FREE**

HSP activation Anti- free radicals

Non toxic Non allergizing Photochemically stable PARABEN FREE **OXYBENZONE FREE**

IPLASE MASK® Post medium & deep depth peelinas

IPLase Mask[®] must be applied following instructions for use not less than 3 times / day during first week after peeling application.

Recommended for treatment with: laser, IPL, fractional laser, thermogenic devices.

IPLase Mask[®] thick laver must be applied immediately after having subjected the skin to any source of energy. It is recommended to continue applying IPLase Mask® twice a day during the entire time between treatment sessions with laser, Intense Pulsed Light or any other type of energy or stress inducing therapy. This is to increase resistance to stress.

It is recommended to protect the skin from the sun if the area is going to be exposed to the sun afterwards (repeat application of Skin Tech® Melablock-HSP® SPF 50+ or Skin Tech® Melablock-HSP[®] Spray SPF 30 every 2-3 hours while sun exposure persists).

Post treatment cream Skin stress reduction

Skin defense

Defense

Optimize skin condition

free radicals

HSP activation Anti- free radic

Contains **HSP inductor** Protects skin against chemical and thermal aggressions Increases skin regeneration

Metabolism booster

- · Vitamins C. A. H
- · Bifida ferments extracts: helps to repair DNA after light induced DNA damage

Deep moisturizing

Urea

Healing promotion

- · Allantoine
- · Chondrus Crispus extracts: immunomodulator
- Organic Silicium: regeneration

Fight against post-inflammatory erithema & hyperpigmentation

· Methionine: anti PIH, methyle donnor for Taurine, helping the body to syntethize Phaeomelanine and not Eumelanine

Skin proteins protection (HSP)

Activation of the natural synthesis of Heat Shock Proteins which defends the skin against protein destruction and thermal cell lysis which occur after a increase in temperature of just a few degrees.

Fighting free radicals

Tocopheryl acetate, a stable vitamin E derivative and an excellent free radicals scavenger. Vitamin E accelerates burns healing, limits the duration of post UV erytheme and protects SOD (Superoxide Dismutase), that neutralizes superoxide radicals.

SKIN TECH

Post Treatment Cream Pl ase



New aesthetic perspective: Successful aging with Atrofillin®

EVALUATION OF VOLUMIZING EFFECT

 Refills the subcutaneous tissues by increasing fat accumulation in adipocytes Local fat tissues augmentation

Acetyl hexapeptide 38: acting on PGC-1a

Uniformizes skin tissues appearance

Uniformizes skin tone + Refirms dermis +

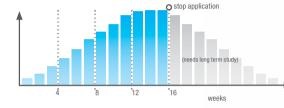
Anti oxidant effect

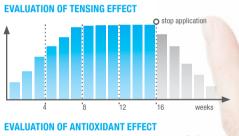
Kojic Dipalmitate: antityrosinase, anti oxidant* Alanine-phospinic acid: anti melanogenesis Mulberrosides, Resveratrol: antityrosinase, anti oxidant*

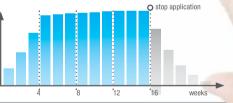
DMAE: increases dermal thickness, increases collagen fiber thickness, anti inflammatory, increases skin firmness, anti oxidant*

* Melanin can be induced by free radicals and reactive species: antioxidants have therefore an inhibitory effect

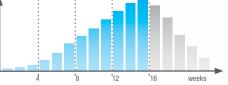
Bightens lentigine DMAE showed its ability to partially remove lipofucsine out of ageing cells.







EVALUATION OF ANTILIPOFUCSINE EFFECT



Apply several times a day during more than 3 weeks. Atrofillin can be combined with peelings.

ATROFILLIN® Global anti age complex

Atrofillin[®] is the first cosmetic product which refills the subcutaneous tissue by increasing fat accumulation in adipocytes and, at the same time, tenses the dermis and acts on lentigine.

Atrofillin[®] is a dermatologically tested, paraben free cream.

Atrofillin[®] contains an hexapeptide consisting in natural aminoacids, which helps to improve skin appearance, increasing the volume in certain zones.

Atrofillin[®] also contains Morus Alba, Albatin and Kojic Diplamitate, ingredients having a well proven whitening efficiency, together with Deanol, that has an ability to whiten age spots.

Atrofillin[®] was awarded the first prize of Anti-Aging & Beauty Trophy in the category of "Best Cosmetic Product", during the last Aesthetic Medicine European Congress (AMEC) in Paris, October 2013.



Contact us through our website **skintech.info** Download official CE certificates from our website Come and learn with **IPAR** (International Plastic Aesthetic Residence) Read best "**Textbook of Chemical Peels**" by Doctor Deprez Any opinion or advice from you will be very important for us



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